

IMPORTANT CAFETERIA NEWS...PLEASE READ!

Lunches will be served beginning on August 27, 2018, the first day of school. Please watch for cafeteria volunteer forms and free and reduced lunch forms which will go home at Meet and Greet or the first day of school. **Remember, any family that received lunch benefits last year will continue those benefits for the first 30 working days of the new school year or until a new application is processed.** However, new applications MUST be filed within 30 working days (by Oct. 11, 2018) if benefits are to continue uninterrupted. If you receive Food Stamps or TANF you MAY receive a letter stating that you qualify for free lunches. If you receive this letter, it is NOT necessary to fill out an application for lunch benefits, either online or on paper. No further action is needed.

This year the price of a paid lunch will be \$2.40 (\$12.00 /5 lunch tokens), .40 for a reduced price lunch, and .50 for milk. **PLEASE NOTE THAT MICROWAVE OVENS WILL NO LONGER BE AVAILABLE TO MIDDLE SCHOOL STUDENTS DURING LUNCH.** Adult lunches will be \$3.25. Because adult lunches are not subsidized by the government parents may NOT use a student token for an adult meal. Lunch and milk tokens will be sold at Meet and Greet as well as in the cafeteria on the first day of the school week and any morning between 8:15 and 8:30. Checks are preferred and should be payable to St. Luke Cafeteria. If you do send cash, PLEASE SEND THE CORRECT CHANGE. If you prefer your child not buy tokens, he/she may pay on the lunch line with the CORRECT CHANGE. When purchasing tokens, money should be in a sealed envelope with the student's name and number of tokens needed printed clearly on the outside. It is not necessary to identify your tokens as "free" or "reduced" as this is confidential information. Please do not include other money (snacks, field trip, book fines, jeans day etc.) in this envelope. **PLEASE** try to stay current with your lunch money as the cafeteria depends on this income to finance our expenses.

The government considers milk to be the beverage of choice for school lunches, and encourages all students to drink milk. In compliance with government regulations, we offer flavored fat free milk as well as 1% white milk every day. Water is available for any student whose non-disabling allergies, culture, religion, or ethical beliefs preclude the consumption of cow's milk. However, we are no longer able to offer juice as a drink instead of milk unless a request is made by a physician stating that the child has a **DISABILITY** and **STATES** that juice is to be substituted for milk. If you have a doctor's excuse on file already, it is not necessary to submit a new one.

We continue to meet the challenge of introducing menu changes that reflect mandatory food pattern requirements set forth by the federal government in the Healthy Hunger-Free Kids Act 2010 while still providing appetizing meals to our students. These include more fruits, vegetables, whole grains, and stricter control of calories, fats, salt, and other nutrients. Student participation is critical to the success of our lunch program so please encourage your child/ren to support their cafeteria.

This institution is an equal opportunity provider and employer.

Thank-you,
Pamela Guaspari

