



United States Department of Agriculture

School's Out!

POWER UP

for Summer Fun!



Did you know there are free activities and meals available in your community for your kids and teens this summer?

Find a site near you!

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Call: 1-866-348-6479

Visit: www.fns.usda.gov/summerfoodrocks

Text: "Summer Meals" to 97779

No cost or enrollment required.
Open to all children under 18.

