

Week #9	Monday Oct. 24, 2022	Tuesday Oct. 25, 2022	Wednesday Oct. 26, 2022	Thursday Oct. 27, 2022	Friday Oct. 28, 2022
	Muffins Asst. Cereal, Asst. Whole Grain Pastries, Choice of Yogurt, Choice of Fruit, Choice of Milk	Bagel Sandwich Asst. Cereal, Asst. Whole Grain Pastries, Choice of Yogurt, Choice of Fruit, Choice of Juice, Choice of Milk	Waffles Asst. Cereal, Asst. Whole Grain Pastries, Choice of Yogurt, Choice of Fruit, Choice of Milk	Breakfast Pizza Asst. Cereal, Asst. Whole Grain Pastries, Choice of Yogurt, Choice of Fruit, Choice of Juice, Choice of Milk	Cinnamon Roll Asst. Cereal, Asst. Whole Grain Pastries, Choice of Yogurt, Choice of Fruit, Choice of Milk
	Chicken Alfredo Peas, Red Peppers, Peaches, Choice of Milk	Walking Tacos Lettuce, Tomato, Salsa, Green Beans, Pears, Choice of Milk	Corn Dog Baked Beans, Tater Tots, Applesauce, Choice of Milk	Asian Chicken Rice, Broccoli, Cucumber, Mixed Fruit, Choice of Milk	Cheese Pizza Fries, Baby Carrots, Salad, Mandarin Oranges, Choice of Milk
	Turkey and Cheddar Hero (Cold)	Turkey and Cheddar Hero (Cold)	Turkey and Cheddar Hero (Cold)	Turkey and Cheddar Hero (Cold)	Turkey and Cheddar Hero (Cold)
	Peanut Butter and Jelly Sandwich	Peanut Butter and Jelly Sandwich	Peanut Butter and Jelly Sandwich	Peanut Butter and Jelly Sandwich	Peanut Butter and Jelly Sandwich
<p>Milk Choices may include Skim White, Low Fat White, or Fat Free Chocolate. A Meal includes a minimum of 3 of 5 offered components in an appropriately sized portion, and must include 1/2 Cup of a fruit or vegetable. Peanut Butter and Jelly offered every day, complete with graham crackers and cheese.</p>					

Grades PK-8

Breakfast: FREE

Served: 7:30 AM – 8:00 AM

Lunch: \$2.85

Extra Milk: \$0.75

Bottled Water: \$1.00

Ice Cream: \$1.00 (Cash Only)



