



Blessed Sacrament Bulldog Café March 2019
Lunches are Prepared for Pre- K through 8th Grade



| Monday | Tuesday | Wednesday | Thursday | Friday 1-Mar | Alternate Choices |
|---------------------------------|-------------------------------|-------------------------|-----------------------------|------------------------------|---------------------------|
| | | | | Chicken Tender Wrap | #1 Chicken Nuggets |
| | | | | lettuce, cheese | vegetable |
| | | | | corn | fruit |
| | | | | French fries | milk |
| | | | | Fruit | |
| 4-Mar | 5-Mar | 6-Mar | 7-Mar | 8-Mar | #2 Chef Salad |
| Scrambled Eggs | Puled Pork on Bun | Cheese Ravioli | Chicken Patty on Bun | Toasted Cheese | lettuce, cheese, ham |
| sausage patty | broccoli with cheese | salad | corn | carrots & celery | eggs, vegetable |
| has brown | potato wedges | breadstick | tater tots | tomato soup | fruit, crackers |
| | | | | | milk |
| oranges | Fruit | Fruit | Fruit | Fruit | |
| 11-Mar | 12-Mar | 13-Mar | 14-Mar | 15-Mar | |
| Chicken Nuggets | Chicken & Biscuits | Soft Tacos | Breakfast Burrito | Pizza Dunkers w/sauce | |
| green beans | carrots & peas | lettuce, cheese | scrambled eggs | salad | |
| buttered noodles | mashed potatoes | corn | sausage crumble | green beans | |
| | | refried beans | hash brown | | |
| Fruit | Fruit | Fruit | cereal, juice | Fruit | |
| 18-Mar | 19-Mar | 20-Mar | 21-Mar | 22-Mar | |
| Ham & Cheese Pretzel | Meatball Sub | Hot Dog on Bun | Brown Bag Lunch | NO SCHOOL | Must choose 3 items |
| carrots & celery | green beans | broccoli with cheese | Ham & cheese sandwich | | to make it a meal & 1 |
| tater tots | potato wedges | French fries | apples | | must be a fruit or veggie |
| | | | carrots | | |
| Fruit | Fruit | Fruit | chips, fruit roll up | | |
| 25-Mar | 26-Mar | 27-Mar | 28-Mar | 29-Mar | |
| Corn Dogs | Cheese Omelet | Hamburger on bun | Pizza Quesadilla | Pasta | |
| buttered noodles | sausage patty | green beans | corn | salad | milk choices include |
| broccoli | French toast sticks | French fries | rice | carrots & peas | 1% white |
| | | | | breadstick | fat free chocolate |
| Fruit | Fruit | Fruit | Fruit | | fat free strawberry |
| | | | | | |
| Any questions or concerns, | | | | | |

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| contact Barb Pronko at 454-0171 or email bpronko@bserie.org | | | | lunch-\$2.75 reduced-\$.40 free-free | A selected fruit: canned, fresh, or 4oz juice is offered daily |
| milk is included with the lunch- juice can not be substituted. | | | *Menu Subject to Change* | | |

