



Blessed Sacrament Bulldog Café February 2019
Lunches are Prepared for Pre- K through 8th Grade



Monday	Tuesday	Wednesday	Thursday	Friday	Alternate Choices
				1-Feb	Brown Bag Lunch Ham & cheese sandwich carrots apples chips
					#1 Chicken Nuggets vegetable fruit milk
4-Feb	5-Feb	6-Feb	7-Feb	8-Feb	#2 Chef Salad
Ground Beef & Gravy green beans mashed potatoes dinner roll Fruit	Pulled Pork on Bun carrot & celery potato wedges Fruit	Scrambled Eggs sausage patty cereal juice Fruit	Walking Tacos lettuce, cheese corn rice Fruit	Chicken Patty on Bun broccoli french fries Fruit	lettuce, cheese, ham eggs, vegetable fruit, crackers milk
11-Feb	12-Feb	13-Feb	14-Feb	15-Feb	
Pizza Dunkers green beans Fruit	Pasta w/meatballs salad breadstick Fruit	Chicken Tender Wrap lettuce, cheese corn french fries Fruit	Hamburger on Bun broccoli tator tots Fruit	Early Dismissal	
18-Feb	19-Feb	20-Feb	21-Feb	22-Feb	
No School		Popcorn Chicken Bowl corn mashed potatoes gravy, cheese Fruit	Chicken Fajitas corn rice Fruit	Chicken Nuggets green beans tator tots Fruit	Must choose 3 items to make it a meal & 1 must be a fruit or veggie
25-Feb	26-Feb	27-Feb	28-Feb		
Chicken Quesadillas corn rice Fruit	Bbq Riblets broccoli mac & cheese Fruit	Taco Salad lettuce, cheese green beans refried beans Fruit	Pizza Sub salad Fruit		milk choices include 1% white fat free chocolate fat free strawberry
Any questions or concerns, contact Barb Pronko at 454-0171 or email bpronko@bserie.org milk is included with the lunch- juice can not be substituted.					
			Menu Subject to Change	lunch-\$2.75 reduced-\$1.40 free-free	A selected fruit: canned, fresh, or 4oz juice is offered daily