



Blessed Sacrament Bulldog Café September 2018
Lunches are Prepared for Pre- K through 8th Grade



Monday	Tuesday	Wednesday	Thursday	Friday	Alternate Choices
3-Sep	4-Sep	5-Sep	6-Sep	7-Sep	#1 Chicken Nuggets
NO SCHOOL	Hamburger on bun french fries	BBQ Riblets macaroni salad	Pulled Pork on bun tator tots	Scrambled Eggs sausage patty	vegetable
	broccoli with cheese sauce Fruit	carrots & celery Fruit	green beans Fruit	hash brown oranges juice	fruit milk
10-Sep	11-Sep	12-Sep	13-Sep	14-Sep	#2 Chef Salad
Hot Dogs on bun corn potato wedges Fruit	Grilled Chicken buttered noodles broccoli Fruit	Ground Beef and Gravy peas mashed potatoes dinner roll Fruit	Chicken Tender Wrap lettuce, cheese carrots & celery french fries Fruit	Pasta with meatballs salad green beans breadstick Fruit	lettuce, cheese, ham eggs, vegetable fruit, crackers milk
17-Sep	18-Sep	19-Sep	20-Sep	21-Sep	
Chicken Quesadilla corn rice Fruit	Corn Dogs potato wedges carrots & peas Fruit	Chicken Patty on bun french fries broccoli Fruit	Pizza Dunkers salad green beans Fruit	Brown Bag Lunch ham & cheese sandwich carrots chips apples	
24-Sep	25-Sep	26-Sep	27-Sep	28-Sep	
Chicken Fajitas lettuce,cheese,tomato corn refried beans Fruit	Popcorn Chicken Bowl mashed potatoes, gravy corn, cheese dinner roll Fruit	Pizza Sub salad green beans Fruit	Egg Burritos sausage crumble hash brown cereal juice	NO SCHOOL Fruit	Must choose 3 items to make it a meal & 1 must be a fruit or veggie
					milk choices include 1% white fat free chocolate fat free strawberry
Any questions or concerns, contact Barb Pronko at 454-0171 or email bpronko@bserie.org milk is included with the lunch- juice can not be substituted.			*Menu Subject to Change*	lunch-\$2.75 reduced-\$.40 free-free	A selected fruit: canned, fresh, or 4oz juice is offered daily