



Blessed Sacrament Bulldog Café November 2018
Lunches are Prepared for Pre- K through 8th Grade



Monday	Tuesday	Wednesday	Thursday	Friday	Alternate Choices
			1-Nov	2-Nov	
			Chicken Nuggets carrots & celery french fries Fruit	No School	#1 Chicken Nuggets vegetable fruit milk
5-Nov	6-Nov	7-Nov	8-Nov	9-Nov	#2 Chef Salad
Scrambled Egg Burrito sausage crumble hash brown juice/oranges	Popcorn Chicken Bowl corn , gravy mashed potatoes, cheese dinner roll Fruit	General Tso Chicken broccoli rice fortune cookie Fruit	Taco Salad lettuce,cheese,tomatoes corn refried beans Fruit	Hamburger on Bun carrots & celery french fries baked beans Fruit	lettuce, cheese, ham eggs, vegetable fruit, crackers milk
12-Nov	13-Nov	14-Nov	15-Nov	16-Nov	
Chicken Quesadilla corn rice Fruit	Pasta with Meatballs green beans breadstick Fruit	Ham & Cheese Pretzel peas & carrots potato wedges Fruit	Turkey corn mashed potatoes dinner roll Fruit	Brown Bag Lunch turkey &cheese sandwich carrots apples chips, fruit roll up	
9-Nov	20-Nov	21-Nov	22-Nov	23-Nov	
Early Dismissal	No School	No School	No School	No School	Must choose 3 items to make it a meal & 1 must be a fruit or veggie
26-Nov	27-Nov	28-Nov	29-Nov	30-Nov	
No School	Chicken Patty on Bun broccoli w/cheese french fries Fruit	Walking Tacos lettuce, cheese, tomatoes green beans refried beans Fruit	Corn Dogs broccoli buttered noodles Fruit	Pizza Dunkers w/Sauce salad green beans Fruit	milk choices include 1% white fat free chocolate fat free strawberry
Any questions or concerns, contact Barb Pronko at 454-0171 or email bpronko@bserie.org					
milk is included with the lunch- juice can not be substituted.			*Menu subject to change	lunch-\$2.75 reduced-\$.40 free-free	A selected fruit: canned, fresh, or 4oz juice is offered daily