



Blessed Sacrament Bulldog Café August 2018
Lunches are Prepared for Pre- K through 8th Grade



Monday	Tuesday	Wednesday	Thursday	Friday	Alternate Choices
		1-Aug	2-Aug	3-Aug	#1 Chicken Nuggets vegetable fruit milk
6-Aug	7-Aug	8-Aug	9-Aug	10-Aug	#2 Chef Salad lettuce, cheese, ham eggs, vegetable fruit, crackers milk
13-Aug	14-Aug	15-Aug	16-Aug	17-Aug	
20-Aug	21-Aug	22-Aug	23-Aug	24-Aug	
					Must choose 3 items to make it a meal & 1 must be a fruit or veggie
27-Aug	28-Aug	29-Aug	30-Aug	31-Aug	
Chicken Nuggets french fries broccoli Fruit	Ham & Cheese Pretzel potato wedges green beans Fruit	Cheese Omelets sausage patty hash brown oranges	Taco Salad lettuce,cheese,tomato refried beans corn Fruit	Early Dismissal No lunch	milk choices include 1% white fat free chocolate fat free strawberry
Any questions or concerns, contact Barb Pronko at 454-0171 or email bpronko@bserie.org milk is included with the a lunch- juice can not be substituted.			*Menu Subject to Change*	lunch- \$2.75 reduced- \$.40 free-free	A selected fruit: canned, fresh, or 4oz juice is offered daily